

# Which Shake Should I Take?

All Isagenix shakes are made with high-quality plant or undenatured dairy protein, but each one serves a different purpose.



GRASS-FED COWS



NO ARTIFICIAL FLAVOURS, COLOURS, OR PRESERVATIVES



NOT TREATED WITH HORMONES/ROUTINE ANTIBIOTICS

## IsaLean™ Shake

Lose weight or maintain weight loss.

- Superior branched-chain amino acid profile
- Essential vitamins and minerals
- Active enzymes to help ease digestion
- Balance of carbohydrates, good fats, and filling fiber



MEAL REPLACEMENT



WEIGHT LOSS



24 g PROTEIN



SOY-FREE



GLUTEN-FREE



LOW-GLYCEMIC



**BEST FOR:** WEIGHT LOSS AND MAINTENANCE

## IsaLean PRO Shake

Support regular exercise and high-protein needs.

- Satisfies hunger and supports lean muscle growth
- Balance of carbohydrates, good fats, and filling fiber
- Essential vitamins and minerals
- Active enzymes to help ease digestion



MEAL REPLACEMENT



WEIGHT LOSS



36 g PROTEIN



INCREASE SATIETY



SOY-FREE



GLUTEN-FREE



LOW-GLYCEMIC



**BEST FOR:** BREAKING WEIGHT LOSS PLATEAUS

## AMPED™ Tri-Release Protein

Maximize lean muscle development, strength, and recovery.

- Multistage protein release for sustained recovery over time
- Contains Velositol® to elevate muscle protein synthesis for longer than whey alone

Velositol® is a registered trademark of Nutrition 21, LLC and is patent protected.

**BEST FOR:** PERFORMANCE



BUILD MUSCLE



POST-WORKOUT RECOVERY



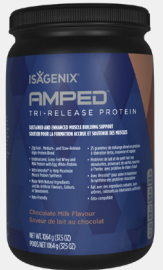
25 g PROTEIN



SOY-FREE



GLUTEN-FREE



## IsaPro®

Add extra protein to other shakes and recipes.

- Convenient, economical way to increase protein intake
- Add this to other Isagenix shakes or recipes, and use in the Bedtime Belly Buster



INCREASE SATIETY



PROTEIN BOOSTER



18 g PROTEIN



SOY-FREE



GLUTEN-FREE



LOW-GLYCEMIC



**BEST FOR:** EXTRA PROTEIN BOOST



# Isagenix Shake Comparison Chart



	ISALEAN™ SHAKE	ISALEAN PRO SHAKE	AMPED™ TRI-RELEASE PROTEIN	ISAPRO™
MEAL REPLACEMENT	YES	YES	-	-
PROTEIN	24 g	36 g	25 g	18 g
VITAMINS AND MINERALS	YES	YES	-	-
CALORIES	240	250	140	90
SUGAR	10 g	9 g	2 g	1 g
CARBS	24 g	21 g	6 g	2 g
FAT	6 g	6 g	1.5 g	1.5 g
VELOSITOL®	-	-	YES	-

Velositol® is a registered trademark of Nutrition 21, LLC and is patent protected.

## When Should I Take IsaLean PRO Shake Over IsaLean Shake?

### Choose IsaLean PRO if you want to:

- Move past a weight loss plateau by increasing your overall protein intake
- Increase satiety between meals

### Looking for plant-based Isagenix shake options?

Check out our plant-based offerings at [isagenix.com](https://isagenix.com).

